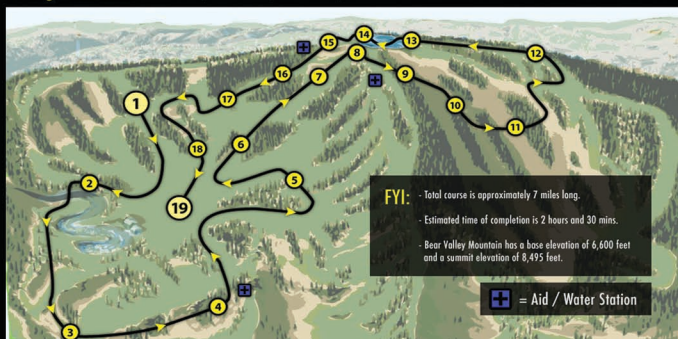


Tough Mudder: Bear Valley Course Map - Saturday October 9



1. Braveheart Charge

Charge into battle with 5000 fellow Tough Mudders. Battle cries essential.



3. Death March

Feel the burn early on as you charge straight up this red graded ski run right to the top of the mountain.



5. Dragon Wheels

Just when you thought it was all running and crawling, try your hand at climbing. Climb up and over these three giant spool lined end to end. Stop completing.



7. Cliffhanger

Grab onto anything you can as you scramble up this nasty slippery and very steep black run.



9. Swamp Stamp

Get stuck in with our knee-high energy-sapping trademark Tough Mudder thick mud.



11. School of Tough Knocks

Be the Kelly Slater of bus surfing as you climb cargo nets to the top of this yellow beauty just to make the 12 foot jump back down again.



13. Greased Lightening

Have some fun sliding down the hill on your ass, real Tough Mudders go head first back into the pond.



15. Hold Your Wood

Make like a lumberjack and drag a log up a ski slope and they try to keep your footing on the way back down.



17. Fenced Off

Show your mental toughness as you cross back and forth four times over this 8 foot fence.



19. Fire Walker

Plain and simple, run through our blazing kerosene soaked straw expect flames at least 4 foot high.



2. Kiss of Mud

Eat dirt as your crowd on your belly under wire set only 8 inches from the ground.



4. Boa Constrictor

Prove you can cope with cold dark confined spaces and a few nasty scratches with our specially designed Tough Mudder tire tunnels.



6. The Gauntlet

Prepare to feel like you're at a South American political demonstration as you get high pressure hoses from both sides as you run through Bear Valley's half pipe.



8. Glacier

Get ready to touch the void as you scramble up this 100 ft wall of permanent ice to reach the Bear Valley summit. Spend too long here and your balls will be part of the permafrost.



10. Kentucky Derby

These 8ft jumps are too much for even the biggest of thoroughbreds, so you'll need teamwork and camaraderie to get yourself and your fellow Mudders over these giant beams.



12. Berlin Walls

Show team spirit and camaraderie as you work with other Tough Mudders to scale our series of 12 foot high walls, tough enough when dry, but really fun when wet.



14. Ball Shrinker

Try not to fall off this rickety swinging rope bridge; the water below will have had the surface ice removed only an hour earlier.



16. Devil's Beard

Try as you might you will get caught like a fly in a spider's web time and time again in our amazingly low cargo nets.



18. Mystery Obstacle

Obstacle Design Race Day Surprise. Expect Something Truly Bad Ass.

Quick facts

- Course is approximately 7 miles long
- Estimated time of completion is 2 hours and 30 minutes
- 19 Military style obstacles

Registration

To Register visit
www.ToughMudder.com

Team Discounts Available

Buy one, get one half-off.
 Register for both Saturday and Sunday and get Sunday at half price.
 Email info@toughmudder.com for details

Date

Saturday, October 9, 2011
 Sunday, October 10, 2011

Start time

First start group 9am

Location

Bear Valley Mountain Resort
 Highway 4 @ Highway 207
 PO Box 5038
 Bear Valley, CA 95223

